



... Tradition Never Graduates

How to register an athlete for participation at Mission Viejo High School. If your athlete is not registered online, then the athlete **WILL NOT** be cleared to participate in extra-curricular activities.

Please follow these instructions:

Go to <http://diabloathletics.com/>

Click on **"FORMS"** (right hand side under DIABLOS)



Scroll down to **"Athletic Registration"** and open up the link.



(over)

This will take you to AthleticClearance.com

The screenshot shows the AthleticClearance.com website. At the top, there is a navigation bar with the site logo, a "Select Language" dropdown, and links for "CLEARANCES", "MY ACCOUNT", and "CONTACT US". Below the navigation bar, there is a "Need Help" link. The main content area is divided into two sections: "Login" and "See How It Works!".

The "Login" section contains a form with the following fields:

User Name:	<input type="text"/>
Password:	<input type="password"/>
<input type="button" value="Sign in"/>	

Below the login form, there is a link for "Forgot Password" and a link for "Don't have an account? Register".

The "See How It Works!" section features a video player titled "Athletic Clearance Guide". The video player has a play button and a progress bar. The video content shows a navigation menu with options like "Home", "About Us", "Clearance", "Forms", and "Contact Us". Below the menu, there are several steps of the registration process, including "Step 1: Medical History", "Step 2: Physical Exam", and "Step 3: Baseline Concussion Test".

Type in your User name (email address) and a password (of your choice).

- There's a video to guide you through the process, if needed.
- The registration process should take approximately 12-15 minutes.
- If you have a current physical, then you can upload it (it's good for one (1) calendar year). You can upload it later if your student has not had a sports physical yet, but the athlete won't be cleared without a physical on file. Please note that there is a physical form that you can print out and bring to your doctor under "FORMS" on the main page.
- There are three (3) steps/ links at the end of registration in addition to uploading a physical: (1) the athlete must take the three (3) required *QuickClasses* online (approx. 40 minutes), (2) the athlete must take the Baseline Concussion test online (approx. 45 minutes), and (3) print out the last page with a parent signature and date.
- This printout is the only piece of paper that should be given to your coach prior to the start of camp. Your coach will collect the clearance page, and if everything has been completed and uploaded properly, then Mr. Roelen, the Athletic Director, will clear the athlete for participation. You will receive a confirmation email of clearance.
- If for some reason you are unable to scan and upload your physical, you can take a picture of both sides of the complete physical and upload it to your account or Mrs. Davidson (in the front office) can scan and help you upload it to your account.



## MISSION VIEJO HIGH SCHOOL IMPACT CONCUSSION TESTING

- Go to: <https://www.impacttest.com/>
- Click Customer Center (green button in the upper right corner)
- Log into the impact test center using Mr. Newton's information
  - Email: [newtonj@svusd.org](mailto:newtonj@svusd.org)
  - Password: gern3th3
  - Select "Start New test"
  - Use the drop down menu on the upper right to select "Mission Viejo High School"
  - Launch Baseline Test (button on the top)

The test itself should take about 40 minutes. It provides baseline information should an athlete sustain a concussion. The information is stored and can be accessed if an athlete sustains a concussion. This information can help a medical staff determine the severity of the concussion and provide proper treatment.

At the conclusion of the test, provide your email address (twice) and email a copy of the test to yourself for your records. You may also print out a copy of the final certificate for your records.

# MVHS QUICKCLASS INSTRUCTIONS



Mission Viejo High School  
e-Learning



Welcome to Mission Viejo High School High School e-Learning powered by QuickClass. This site is designed to provide students, parents, and coaches with both training required of student-athletes and a variety of student life skills courses.

To use this site you will need to be sure you have the following:

- A Microsoft Windows based computer system.
- Internet Explorer 4.0 or greater.
- If you are taking required courses you will need a QuickKey access code.

To register, login, or obtain more information please select a course type by clicking one of these buttons:

Required Courses

Study Skills Courses

Life Skills Courses

The first button is “Required Courses”- click on it

Click “Register”—off to the right hand side and fill in the appropriate information.

QuickKey: MVHS3197 (this allows you to access the tests)